

# General Backpacking Check List



**Needed      Packed**

**Backpack:**

internal frame or External

**Bedroom:**

Warm Sleeping Bag (rated to at least zero to 10 degrees)

Foam Pad, (I sleep with 2 pads in winter 1 thick, 1 thin)

Ground Sheet (plastic, or Emergency Blanket type)

\*\*\*Small camping pillow (optional)

Sleeping clothes (new fresh set of shirt, long johns, socks, hat)

TENTS WILL BE PROVIDED BY TROOP IN MOST CASES

Other:

Other:

Other:

**Closet:**

Warm Pants NO JEANS

Warm shirts 2

Sweater (wool)

Warm hat

Nylon Shell (protect against wet snow and wind, water repellent)

Vest, or Fleece

Long johns top and bottom (these are separate from sleep wear)

2 pair of wool socks

1 pair of poly type sock liners

Bandanna

Boots

Sandals or running shoes

Gloves

Other:

Other:

Other:

**Personal Gear:**

Sunglasses (very important in snow)

Toilet kit, including toothbrush, paste)

Sunscreen

Knife (folding style)

Compass

Small strand of rope or cord

Notepad and pencil and the **Scout Hand book**

Personal first aid and/or survival kit with match's

Flashlight with extra batteries

Other:

Other:

Other:

**Kitchen:**

Knife, Fork and Spoon for eating

Bowl and Plate and cup (plastic)

Water bottle 1 or 2

Other:

Other:

Other:

Stoves and pots will be discussed at meeting, most likely provided by troop and leadership.  
Food will be decided and purchased for this trip. More to come

NOTES